



Hi CUMC!

I'm a Registered Mental Health Counselor Intern in the state of Florida. I am thankful for the opportunity to serve this community of faith as part of the Heart Peace Counseling Center team. For the last years, I have had the privilege of helping people face challenging situations. We all struggle in one way or another.

Maybe you are hurting and feeling "stuck" in life. Depression, anxiety, trauma, sexual abuse, grief and loss, divorce, relationship issues, infidelity, and life transitions can really hold us back. I want you to know: You don't have to do life alone. Counseling provides a safe space to work through life struggles and challenges in the context of a confidential and trusting relationship.

I will be honored to come alongside you while you untangle whatever is going on in your life and make critical decisions. I will teach you skills and tools to help you navigate life with a renewed sense of purpose and hope.

I look forward to the opportunity of meeting you!

*"For I know the plans I have for you", declares the Lord, "plans for welfare and not for evil, to give you a future and a hope."
Jeremiah 29:11, ESV*

Solimar provides psychotherapy to families, couples and individuals. She is fluent in both English and Spanish. Her areas of clinical interest are women's issues, marriage and family issues, sexual abuse, trauma, depression and anxiety disorders, and life transitions.

If you are interested in scheduling an appointment with Solimar, call (407) 360-7086 for a 10 min. free consultation.

Services Fees:

CUMC Members:	Individual Session:	\$65.00/1hr
	Couples Session:	\$65.00/1hr
	Family Session:	\$65.00/1hr

Community in General: Please Contact Solimar Marin.